

Choosing a Saint for Confirmation

Question: Why do I need a Confirmation Name?

Answer: When you were baptized your parents gave you a name, your “baptismal name.” Generally this is the name people know you by. Your Baptism was the beginning of your Christian journey. As you enter into the final stages of preparation for the Sacrament of Confirmation, you have the opportunity to renew your own faith and to claim it as your own. You are beginning a new stage in your life as an adult in the Catholic Church. Confirmation is really a deepening of your baptismal commitment

Confirmation Saint Name Requirements

1. Research the saints and choose one that interests you. For example, if you like sports, you might google “patron saint of sports.” If you like music you might google “patron saint of music.” You can also google something like, “greatest or most important saints in the Catholic Faith.” If you need a particular grace such as courage, look for “saints who showed courage.”
2. Write a one-page report about your chosen saint and why they are a good role model for you.