

Guidelines for Choosing a Sponsor

The person whom you choose as a sponsor should be someone you respect, admire and look up to. It should be a person with whom you will have a life long relationship of friendship and trust. Choose someone with whom you will connect.

Your sponsor has a special role in your journey of confirmation, and it is his/her role to lead, guide and help you. Your sponsor must have the following qualifications from the Church:

- ❖ Must be someone who has received his/her Confirmation and other Sacraments (Baptism, Reconciliation and Eucharist)
- ❖ Must be someone who is practicing his/her faith. If he/she is not from St. Vincent de Paul Parish, they must get a letter from the parish they attend stating that they are a practicing Catholic. This is a standard procedure in parishes. All they need to do is call their parish and speak with the parish secretary to obtain this letter.
- ❖ If married, the person must be in a valid marriage in the church; not a civil marriage.
- ❖ The person **MUST** be Catholic...not of another Christian denomination.

If you have questions, please contact me at 297-5010 ext. 202 or sisterjoanne@yahoo.com