Choosing a Saint for Confirmation

Question: Why do I need a Confirmation Name?

Answer: When you were baptized your parents gave you a name, your "baptismal name." Generally this is the name people know you by. Your Baptism was the beginning of your Christian journey. As you enter into the final stages of preparation for the Sacrament of Confirmation, you have the opportunity to renew your own faith and to claim it as your own. You are beginning a new stage in your life as an adult in the Catholic Church.

Confirmation Name Options

- You may keep your baptismal name rather than choose another name. Confirmation is really a deepening of your baptismal commitment.
- If you choose a new name, it should be the name of someone from the Bible or a Catholic Saint.
- The name you choose should be because a particular person or saint is a role model for you. It is up to you to decide whom you will choose, but please be thoughtful and respectful in your choice.

Next Step

1. Research what your baptismal name means. Who is your patron Saint? If you are comfortable with who your patron saint is and choose to keep your baptismal name, then write a one page report about your patron saint and why they are a good role model for you.
2. If you would like to choose a new name, then look online at the names of different saints that interest you. For example if you like sports, you might google "patron saint of sports." If you like music you might google "patron saint of music." You can also google something like, "greatest or most important saints in the Catholic Faith." If you need a particular grace such as courage, look for "saints who showed courage."
3. When you have found a saint with whom you identify, who is a good role model for you, write a one-page paper explaining why the saint whom you chose is a good role model for you.

Saint names and papers are due on or before **December 8, 2019**